

# JEREMY GOSS

PERSONAL DEVELOPMENT  
FOR BUSINESS AND EDUCATION



**FOOTBALL IS A TOUGH BUSINESS. AND THERE'S A LOT THAT PEOPLE OUTSIDE THE GAME CAN LEARN FROM IT.**

- Building confidence in yourself and others.
- Creating a tight, hard-working team.
- Setting targets and achieving goals.
- Working your way to the top.

Former Norwich City, Hearts and Wales star Jeremy Goss has put nearly two decades of top-flight experience into two intriguing personal development programmes.

**[WWW.JEREMYGOSS.CO.UK](http://WWW.JEREMYGOSS.CO.UK)**

# TEAM TALK

Based in the boardroom and home dressing room of Norwich City's Carrow Road ground, this inspiring half-day programme examines the motivational techniques used by football managers around the world. Aimed at business leaders and their managers, it draws parallels between the physical and mental rigours of top-class sport and the demands and pressures of a successful business.

The programme includes fascinating Canaries insights, a backstage tour of Carrow Road and an excellent two-course Delia lunch.



# SPORT LIFE

Aimed at 14 to 19-year-old students, this six-module programme is designed to raise levels of aspiration and encourage goal-setting. It's not just for the sporty. Sport Life adopts the techniques that top-class coaches employ to motivate individuals and boost their confidence levels. The energetic style of the presentations is aimed at stimulating the desire to achieve more from life.

The mainly classroom-based course includes an inspiring personal development programme and a physical activity session.

# TALK SPORT

Nearly 20 years in professional football arms you with a fund of untold stories about players, managers, coaches and clubs. They form the background to a series of entertaining talks by Jeremy Goss about the personalities and the politics of club and international football. Jeremy is also an experienced MC, host and interviewer, having honed his skills working with local and national celebrities at Carrow Road.

**TEL 07714 524388**



## **FOR MORE INFORMATION ON THESE SERVICES:**

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